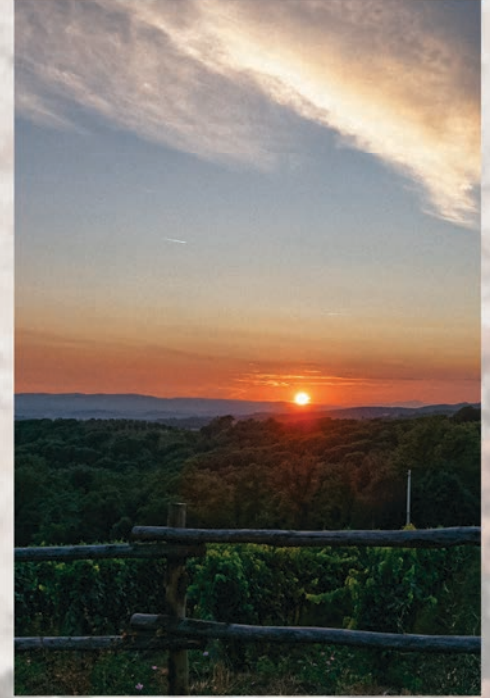




JazZenJourney®



Borgo San Fedele, Italy

JULY 27 to AUGUST 3, 2019

Travel to the heart of Italy, to **Borgo San Fedele**, a restored 12th century monastery nestled in the green and rolling hills of Tuscany, where all of your needs are met ... where time falls away and there is only now...where the wine flows and food is plentiful.

JazZenJourney, Italy is an immersion into the Tuscan landscape, an inspirational sojourn for body, mind, and soul ... with quiet morning meditations, world-class jazz performances each evening, gourmet cuisine, day trips to hilltop villages, local artisans and vineyards, picnics in olive groves, frescoed chapels, and much more.

A Unique Travel Opportunity
with hosts Andrea and Steve Rudolph

The Music



JazZen Performers

Piano

Steve Rudolph

Violin

Joerg Widmoser

Winds

Klaus Lessmann

Mirco Mariottini

Andy Middleton

Ali Ryerson

Achille Succi

Johannes Faber

Jonathan Ragonese

David Boato

Sheila Cooper

Vocals

Sheila Cooper

Romina Capitani

Bass

Matteo Calabrese

Drew Gress

Francesco Losavio

Marco Forti

Raffaello Parreti

Giacomo Rossi

Paolo Ghatti

Drums

Carmine Casciello

Ettore Fioravanti

Domenico Fontana

Walter Paoli

Giuseppe Sardina

Jazz & Zen

The essence of Zen is awareness; awareness of thoughts, words and actions, how we respond to the present moment and all that arises and falls away as we move through our lives. This is the essence of Jazz as well; the ability to listen and respond, moment to moment, in the interplay and exchange of notes and chords.

When we engage all of our senses to live fully, embracing our lives as an infinite connection with everything and everyone, we create the music of life and take part in a flowing, seamless dance with conscious awareness that every step, every movement is intimately related.

This is the Spirit of **JazZenJourney**





The Food

All dietary needs are taken into consideration - vegetarian, vegan, gluten-free, and food allergies.



San Fedele's Executive Chef, **Meris Giunti**, takes gourmet Tuscan cuisine to the highest level. Fresh, local ingredients are always used to ensure the highest quality and taste.

Every meal is made with great care and love, and each plate is artistically presented.

Buon Appetito!!!





The Experience



I've done a lot of traveling ... JazZenJourney is the only trip I've taken twice and I'm seriously considering a third. It's that good - and that magical.

- John Custer

JazZenJourney is a sublime experience set in the heavenly Tuscan countryside ... this is a week you will not forget.

- William Anderson



The best of the very best!

- Carol Swendsen

Gourmet Italian food, local wine, new friends ... great jazz, beautiful landscapes ... words cannot describe the JOURNEY!

- Robert and Romayne Johnson



As an artist, I found inspiration in every nook and cranny, every vista & at the turn of every corner. The warmth and welcome of Borgo San Fedele is not to be compared to any place I've experienced before.

- Wendelyn Anderson

This was a life-changing experience ... we will definitely return.

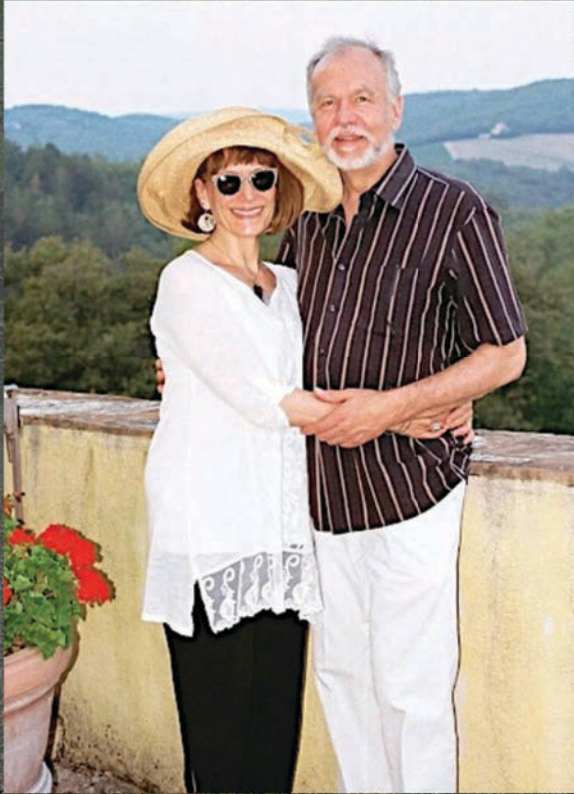
- Jay and Michelle Rau



San Fedele is a place where you can unplug from the busy world and reconnect with yourself, in the tranquility of the enchanted Chianti countryside but close to all of Tuscany's major art cities, treasures and attractions. Every event is tailor made around our guest's requirements and wishes.

- Nicolò & Renata, Owners

Your Hosts



Steve Rudolph has had an inspiring career in his 50 years of professional music making. *Jazz Improv* magazine states, "Rudolph is a savvy, swinging, glimmering heavyweight ... simply outstanding." With thirteen acclaimed albums as a leader, he has served as producer, arranger and performer on many recordings and his vast experience encompasses concert performances with many jazz masters, including Louie Bellson, Clark Terry and more. He has toured throughout the U.S., India, Europe, Canada, Russia, and the Caribbean. Steve is currently a Yamaha Keyboard Artist and is in demand as a clinician and performer.

Steve is Executive Director of the *Central Pennsylvania Friends of Jazz*, and serves as Advertising Director for JazZenJourney.

Andrea Minick Rudolph is a cognitive behavioral based Mindfulness Counselor and an ordained Priest in the Zen Buddhist tradition. She is a Professional Member of the Pennsylvania Counseling Association and earned her Life Coaching Certificate from the Life Coaching Institute in London, England.

She serves as Executive Director of Oryoki Zendo and JazZenJourney in Harrisburg, Pennsylvania, and offers a wide array of Mindfulness, Relaxation, Stress Management, and Wellness workshops, as well as Zen Study and Meditation.





*Visit the website for the full schedule
or call +01 717 514-3082 for details*

jazzenjourney.com